# Heart Disease





## More Time, More Memories: Our Care Helps Families Stay Together Longer.

Each year, over 100 of our patients benefit from early hospice care, extending their time with family and loved ones by six months or more.





#### Focusing on the Full Needs of the Cardiac Patient

UpliftedCare understands that heart disease patients require specialized care. We can assist cardiac patients with prevention and management of cardiac symptoms related to illness.

Our specialized cardiac care, designed by UpliftedCare's Medical Director, improves the quality of life of cardiac patients.

#### Some of the Benefits Our Care Offers to the Patient Include:

- Symptom prevention as opposed to crisis management
- Prevention of hospital stays and ER visits
- At home support and monitoring to manage symptoms commonly experienced by cardiac patients such as: dyspnea, chest pain, and edema
- Patient and caregiver access to a Registered Nurse 24/7 for symptom management
- Full support of UpliftedCare's interdisciplinary team including our medical director, nurses, and CNAs
- Treatment algorithms and education materials specifically designed for symptom management of cardiac disease
- Education about coping with stress, sleep disorders, fatigue, and other symptoms experienced by cardiac patients
- Check in calls between in home visits to monitor and intervene before complications arise

#### UpliftedCare Can Help When:

- You need a clearer view of how the patient is fairing in the home
- Patient is experiencing increasing Emergency Room visits and/or hospitalizations for
- complications of disease
- Patient/caregiver experiencing increased stress, signs of anxiety
- Increasing/frequent calls to your office with questions about medications, symptoms they
- are experiencing, and other distressing issues

#### Indicators Hospice may be Appropriate:

- Frequent visits to the emergency room
- Episodes of respiratory infections
- Shortness of breath
- Fluid accumulation in the lungs or lower extremities
- Limited ability to perform activities of daily living
- Medication required for fluid retention, chest pain and respiratory symptoms

When it comes time to consider that comfort care may be the best option, let us help. Our compassionately trained team members can assist by continuing the conversation you've initiated with your patient and their family. We approach each patient's unique situation with an individualized and integrated plan of care to best fit their needs.

Referrals are available 24 hours a day, seven days a week, 365 days a year.

### 815.939.4141