



Thank you for visiting our healing garden. This garden was purposefully and thoughtfully constructed with special imagery and materials to represent a mindful journey through the grieving process.

On the reverse side of this postcard you'll find a detailed map, with descriptions of the garden locations and the symbolism of each.

Please feel free to ponder the meaning of the various sections as you take in all the sights, smells and sounds that this beautiful space provides. We hope that your time exploring will offer comfort, peace and serenity on your journey through grief and healing.



1 As you enter your grief journey, the roughness of the gravel beneath your feet symbolizes the "rough patch" you may be experiencing as you cope with your recent loss.



2 Next you pass beneath the sculpture entitled "The Ebbing Passage" - symbolizing life's journey—its winding highs and lows—guiding us from the present into reflection, remembrance, and peace beyond loss.



3 Moving forward, you will encounter a brick paver labyrinth design. The labyrinth symbolizes a reflective journey inward to one's center and outward again, guiding the path toward wholeness, clarity, and renewal.



4 Your path then opens to a quiet space for rest and reflection. Seasonal flowers symbolize changes in life and brevity, while evergreens represent stability and endurance—offering a place to pause, reflect, and continue forward renewed.



5 As you push forward, you re-enter the labyrinth allowing you to once again focus on your inner healing process, only this time you exit into a smoother, more normal path, that memorializes loved ones that have passed.



6 As you cross the bridge, you will pass the soothing water feature, long regarded as a symbol of healing, cleansing, and renewal. Its flowing waters remind us to release what burdens us. Stop and pause on the bridge for a moment of reflection on your healing journey and the path ahead.



7 As you exit the bridge, you are once again welcomed by a smooth path that leads out. We hope this symbolizes your some easement in your own journey and leaves you feeling ready and renewed to continue on your way.